

33rd Annual

# K.I.C.K. NATIONALS

Since 1988

## Martial Arts Championships "Championship Of Champions"

**Saturday, April 25, 2020**

**St. Michael Secondary School**

**240 Oakdale Ave. (See Map)  
Stratford, Ontario N5A 7W2**

**\* Enter from back parking lot \***



Ontario  
Karate  
Federation

**REGISTRATION**  
9:00 a.m.

**ELIMINATIONS:**  
10:00 a.m. (sharp)  
Start with weapons first  
• Kata  
• Sparring  
• Team Sparring

**ENTRY FEE: (at the door)**  
\$50.00 For One Event  
Add \$10.00 For Each Additional Event

**PRE-REGISTRATION:**  
\$40.00 For One Event  
Add \$10.00 For Each Additional Event  
(Must Be Received No Later Than April 13, 2020)

**SPECTATOR FEE:**  
Adults \$10.00  
Children 12 & under \$5.00

**INFORMATION:**  
**FRANK or LORI MISURACA**  
Kick Masters Sport Karate Centre  
402 Hibernia St., Stratford, ON, Canada N5A 5W3  
519-274-2781 lorimisuraca@hotmail.com  
[www.kickmasters.net](http://www.kickmasters.net)

### YOUTH

8 PLACES IN ALL DIVISIONS  
**WEAPONS**

6 years & under - all belts  
7 & 8 years - novice  
7 & 8 years - advanced  
9 & 10 years - novice  
9 & 10 years - advanced  
11 & 12 years - novice  
11 & 12 years - advanced  
13 & 14 years - novice  
13 & 14 years - advanced  
15 - 17 years - novice  
15 - 17 years - advanced

#### FORMS

6 years and under - novice  
6 years and under - advanced  
7 & 8 years - novice  
7 & 8 years - intermediate  
7 & 8 years - advanced  
9 & 10 years - novice  
9 & 10 years - intermediate  
9 & 10 years - advanced  
11 & 12 years - novice  
11 & 12 years - intermediate  
11 & 12 years - advanced  
13 & 14 years - novice  
13 & 14 years - intermediate  
13 & 14 years - advanced  
15 - 17 years - novice  
15 - 17 years - intermediate  
15 - 17 years - advanced

#### SPARRING

6 years and under - novice  
6 years and under - advanced  
7 & 8 years - novice  
7 & 8 years - intermediate  
7 & 8 years - advanced  
9 & 10 years - novice  
9 & 10 years - intermediate  
9 & 10 years - advanced  
11 & 12 years - novice  
11 & 12 years - intermediate  
11 & 12 years - advanced  
13 & 14 years - novice boys only  
13 & 14 years - intermediate boys only  
13 & 14 years - advanced boys only  
13 & 14 years - novice girls only  
13 & 14 years - advanced girls only  
15 - 17 years - novice girls only  
15 - 17 years - advanced girls only  
15 - 17 years - novice boys only  
15 - 17 years - intermediate boys only  
15 - 17 years - advanced boys only

### JUNIOR BLACK BELTS

8 PLACES IN ALL DIVISIONS

#### FORMS

12 years and under  
13 years - 17 years

#### WEAPONS

12 years and under  
13 years - 17 years

#### SPARRING

12 years and under  
13 - 14 years - Boys  
13 - 14 years - Girls  
15 - 17 years - Boys  
15 - 17 years - Girls

### ADULT BLACK BELTS

#### FORMS

Black Belt - women traditional  
Black Belt - men traditional  
Black Belt - 35 years & over

#### SPARRING

Black Belt - women  
Black Belt - men light  
Black Belt - men heavy  
Black Belt - thirty-five and over

#### WEAPONS

Black Belt - 18 years & up / Black Belt - 35 years & up

### SPECIAL

**3-MAN TEAM SPARRING - \$30.00 Per Team**

ADULT BLACK BELTS - MEN'S AND /OR WOMEN'S TEAM  
ADULT COLOURED BELTS - MEN'S AND /OR WOMEN'S TEAM

Safety Equipment Mandatory In All Divisions, Including Mouth Guards, Groin Protectors & Head Gear

#### 3 DIVISIONS

**NOVICE: White - Yellow**

**INTERMEDIATE: Orange - Green**

**ADVANCED: Blue - Brown**

### ADULT

4 PLACES IN ALL DIVISIONS

#### WEAPONS

18 years & up  
35 years & up

#### FORMS ADULTS

Novice - men  
Advanced - men  
Novice - women  
Advanced - women  
KYU Belt thirty-five and over-Novice  
KYU Belt thirty-five and over-Advanced

#### SPARRING ADULTS

White to Yellow - men  
Orange to Green - men  
Blue to Brown - men  
White to Yellow - women  
Orange to Green - women  
Blue to Brown - women  
KYU Belt thirty-five and over  
- Novice - men  
KYU Belt thirty-five and over  
- Advanced - men  
KYU Belt thirty-five and over  
- women

#### 2 DIVISIONS

**NOVICE:  
White, Yellow, Orange**

**ADVANCED:  
Red, Green, Blue, Brown**